

Resources in Other States



Adams County, Pennsylvania

Adams County Health Department (Gettysburg)

Phone: 1-717-334-2112

Family First Health-Gettysburg

Health & dental care for children and adults. Sliding fee scale available to uninsured clients.

Phone: 1-717-337-9400

www.myfamilyfirsthealth.org

Family First Health - Hanover Center

Phone: 1-717-632-9052

www.myfamilyfirsthealth.org

West Virginia

West Virginia 2-1-1 Information & Referral

Phone: 1-866-802-8559 or 1-800-321-3020

Maryland Community Services Locator (MDCSL) www.mdcsll.org

Service information, maps, and driving directions to programs in MD.

2-1-1 connects people to the human service resources they need, such as food pantries, shelter, utility and other financial assistance, mental health and substance abuse treatment programs, crisis intervention and suicide prevention, job search centers, children and family services, and more. 2-1-1 is available 24/7 in over 150 languages.

Information & Referral **24/7**
Crisis Intervention
Maryland ★

CALL 2-1-1™

Get Connected. Get Answers.

Or call 1-866-411-6803 ★ www.211md.org

Airtime and other charges may apply for cell phone users.



Wondering
how to get the
help you need?



Frederick County Maryland Healthcare Resource Guide

**INFORMATION
FOR THE
UNINSURED**

Compiled by
Access to Care Work Group
Frederick County Local Health Improvement Plan

8/20/12

Medical Resources



FREDERICK COMMUNITY ACTION AGENCY (FCAA) CLINIC

Primary health care clinic. Serves adults & children who are lower income, homeless, or enrolled in Medical Assistance (MA) or Primary Adult Care (PAC). Medbank Program for prescription medication assistance.

100 South Market Street, Frederick, MD 21701

Phone: 301-600-1506/TDD 301-662-9164

www.cityoffrederick.com/fcaa

MISSION OF MERCY

Mobile health care clinic. Provides medical, limited adult dental, and prenatal care at no cost. No eligibility process required. Patient prescriptions also available. Provides care in Frederick and Brunswick on rotating schedule.

Phone: 301-631-2670 Ext. 110

www.amissionofmercy.org

PLANNED PARENTHOOD

Women's health care services: birth control/pregnancy testing, HIV/STD testing. Men's reproductive health services. Accepts Medical Assistance and uninsured for reduced fees if income is limited.

170 Thomas Johnson Drive, Suite 100, Frederick, MD 21702

Phone: 301-662-7171

www.plannedparenthood.org

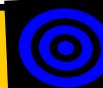
FREDERICK COUNTY HEALTH ACCESS PROGRAM (FCHAP)

Health care assistance program for uninsured, low-moderate income Frederick County residents who are ineligible for Medical Assistance or who have PAC and need help with specialty medical care. Must apply and openings may be limited.

Phone: 301-788-8592

www.frederickcountymd.gov/healthaccess

Resources in Other Counties



Carroll County, Maryland

Carroll County Health Department (Westminster)

Phone: 1-410-876-4440

Access Carroll

Primary care services to uninsured residents with a limited income.

Phone: 1-410-871-1478

Howard County, Maryland

Howard County Health Department

Healthy Howard

Health plan for the uninsured.

Phone: 1-410-313-7500

Montgomery County, Maryland

Montgomery County Health Department (Silver Spring)

Phone: 1-240-777-1779

Montgomery Cares

Primary care for uninsured, low income residents.

Phone: 1-240-777-0311

Washington County, Maryland

Washington County Health Department (Hagerstown)

Phone: 1-240-313-3200

Walnut Street Community Health Center (Hagerstown)

Health, mental health, & dental care for children and adults.

Sliding fee scale for the uninsured.

Phone: Family Practice: 1-301-745-3777

Dental Clinic: 1-301-393-3450

Community Free Clinic (Hagerstown)

Phone: 1-301-733-9234



FAMILY PLANNING PROGRAM

Covers family planning services to eligible women under 51 years old.

Phone: 1-855-692-4993

VETERAN'S AFFAIRS (VA) MARYLAND HEALTH CARE SYSTEM

Provides medical assistance for Maryland veterans.

Phone: 1-800-865-2441

www.maryland.va.gov/

FREDERICK COUNTY DEPARTMENT ON AGING

Offers assistance with enrollment in Medicare.

Phone: 301-600-1605

Email: DeptOfAging@FrederickCountyMD.gov

MARYLAND HEALTH INSURANCE PLAN (MHIP)

Offers affordable health insurance to Marylanders who are unable to obtain health insurance coverage.

Phone: 1-888-444-9016

www.marylandhealthinsuranceplan.state.md.us/

FREDERICK MEMORIAL HOSPITAL FINANCIAL ASSISTANCE

Financial assistance based on low income or high medical expenses for patients living in the community. Addresses questions regarding insurance, payment plans, MHIP, Federal Medical Assistance, or the FMH Financial Assistance Program.

Phone: FMH Financial Counseling office - 240-566-3311

EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM (EID)

Offers Medical Assistance coverage to 18-65 year old Marylanders who work full or part-time and meet income guidelines.

Phone: 1-866-373-9651, TTY: 1-866-373-9652

www.dors.state.md.us/DORS/RehabResources/BrochuresPublicationEID.htm



FREDERICK MEMORIAL HOSPITAL AUXILIARY PRENATAL CENTER

Prenatal Services provided by certified nurse midwives. Births at FMH Birthplace by obstetricians. Accepts Medical Assistance and low-income uninsured. By appointment only.

400 West 7th Street, Frederick, MD 21701

Phone: 240-566-4444

(For other hospital services call: 240-566-3300)

www.fmh.org

Mental Health & Substance Abuse



FREDERICK COUNTY HEALTH DEPARTMENT/BEHAVIORAL HEALTH

Individual, group, & family therapy. Psychiatric evaluation & medication management. Accepts MA, PAC, MCHIP, Grey Zone, & private pay (full fee).

350 Montevue Lane, Frederick, MD 21702

Phone: 301-600-1755

Addiction treatment and recovery program for adolescents and adults. If uninsured, fees based on income/ability to pay.

Adolescents/Prevention Program **Phone:** 301-600-3293

Adult Program **Phone:** 301-600-1775

MENTAL HEALTH ASSOCIATION (MHA)

Professional outpatient therapy services for children and adults provided without regard for ability to pay.

226 South Jefferson Street, Frederick, MD 21701

Phone: 301-663-6135

www.fcmha.org

PRO BONO COUNSELING

Provides referrals for free mental health counselors/therapists for uninsured /underinsured low income individuals and families. Over 20 clinicians in Frederick County available. No drug or alcohol abuse treatment.

Phone: 1-877-323-5800

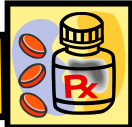
TRINITY PASTORAL COUNSELING

Individual, couple, family, & group counseling, regardless of religious beliefs. Payment by sliding scale if uninsured.

703 West Patrick Street, Frederick, MD 21701

Phone: 301-662-8908

Prescription Medication



* *Several discount prescription programs available. Ask at your pharmacy.*

EMERGENCY ASSISTANCE PROGRAM

Provides short-term emergency prescription assistance to clients that are uninsured or lack adequate prescription drug coverage.

Religious Coalition for Emergency Human Needs

27 Degrange Street, Frederick, MD 21701

Phone: 301-631-2670

MEDBANK

Helps low to moderate income, uninsured and underinsured people obtain free or low-cost prescription medications.

100 South Market Street, Frederick, MD 21701

Phone: 301-600-1506

FREDERICK COUNTY PRESCRIPTION DISCOUNT CARD

Discount card provides discounted rates for prescription medications that are not covered by insurance.

To obtain card you can call 301-600-6699 or print card off of website. <http://frederickcountymd.gov/index.aspx?NID=1295>

SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM

Offers additional prescription drug subsidy for seniors enrolled in Medicare Part D. Phone: 1-800-551-5995

www.marylandspdap.com

Dental Care



DEPAUL DENTAL PROGRAM

Dental services for low-income adults with no dental insurance.

Seton Center, Inc.

16840 South Seton Avenue, Emmitsburg, Maryland 21727

Phone: 301-447-6102

PARTNERS IN CARE

Uses time-exchange to help older adults with services, such as transportation & home repairs. In turn, the resident may volunteer a service using his or her own talents.

Department of Aging

1440 Taney Avenue, Frederick, MD 21702

Phone: 301-600-6008

Email: PiC@FrederickCountyMd.gov

ROAD TO RECOVERY – AMERICAN CANCER SOCIETY

Volunteers provide transportation to and from treatment for people with cancer.

Phone: 1-800-227-2345

Healthcare Coverage



Google: Frederick County Health Department and click on “Need Insurance” or “Need Healthcare” or check:

www.dhmf.maryland.gov/gethealthcare

MARYLAND CHILDREN’S HEALTH PROGRAM (MCHP)

Gives full health benefits for children up to age 19 and pregnant women of any age who meet the income, citizenship, & residency guidelines.

Phone: 1-800-456-8900 or 301-600-8888

MEDICAL ASSISTANCE FOR FAMILIES

Provides comprehensive health care to parents and family members caring for children with Medical Assistance. Eligibility depends on family size, income, citizenship, & residency.

Phone: 1-800-456-8900 or 301-600-8888

PRIMARY ADULT CARE (PAC)

Provides coverage with a primary care physician to adults 19-64 years who meet the income, citizenship, & residency guidelines.

Phone: 1-800-226-2142

SORENSEN VIDEO RELAY SERVICE

Services are provided for Sign Language interpretation in English and Spanish. Contact company for free equipment and services.

Requirements:

- Be deaf or hard of hearing
- Understand and communicate in ASL
- Have a high-speed internet connection in place at the location where you wish to have a videophone installed

Phone: 1-866-496-6111

www.sorensonvrs.com/apply/vp_application

MARYLAND RELAY

Telecommunications relay services that allow individuals with speech or hearing loss to communicate through the telephone. Equipment available at no cost for Maryland residents with limited income.

Telecommunications Access of Maryland
Maryland Dept. of Information Technology
301 Preston Street, Suite 1008A
Baltimore, MD 21201

Voice/Teletype: 1-800-552-7724

Videophone: 1-866-475-4276

HISPANIC CENTER OF FREDERICK

Serves Limited English Proficient (LEP) residents. Free English classes, translations, referrals to health and human services, job application assistance, educational workshops, clothing and toy giveaways, notarizations & other services available. Multilingual staff and volunteers.

1080 West Patrick Street, Suite 4, Frederick, MD 21703

Phone: 301-668-6270 www.centrohispanomd.com

Transportation

TRANSIT PLUS

TransIT-Plus offers curb-to-curb transportation service to medical appointments for people with disabilities and seniors over 60 years old.

1040 Rocky Springs Road, Frederick, MD 21702

Phone: 301-600-2065

www.FrederickCountyMD.gov/transit



DENTICAID PROGRAM

Emergency dental care to Frederick County adults who are suffering pain and need extraction or need treatment for an infection.

Religious Coalition for Emergency Human Needs
27 Degrange Street, Frederick, MD 21701

Phone: 301-631-2670

FREDERICK COUNTY HEALTH DEPARTMENT DENTAL CLINIC

Comprehensive dental services for children, including children with special needs.

350 Montevue Lane, Frederick, MD 21702

Phone: 301-600-1041

www.frederickcountymd.gov/health

MISSION OF MERCY DENTAL CARE

Providing free dental care (extractions and fillings) to low income adults.

Mission of Mercy

22 South Market Street, Suite 6 D, Frederick, MD 21701

Phone: 301-631-2670, Ext. 110

UNIVERSITY OF MARYLAND DENTAL SCHOOL

Dental services for adults and children. Services provided in Baltimore at the dental school.

University of Maryland Dental School

650 West Baltimore Street, Baltimore, MD 21201

Phone: 410-706-7101



Frederick County Health Department Services

350 Montevue Lane, Frederick, MD 21702

Phone: 301-600-1029

<http://www.frederickcountymd.gov/health>

FREDERICK COUNTY HEALTH DEPARTMENT CANCER PREVENTION

Breast & Cervical Cancer Screening:

Free breast exams, Pap tests, mammograms, and follow up for uninsured/underinsured, low income, Frederick County women 40 years and older.

Colorectal Cancer Screening:

Free colonoscopies for uninsured/underinsured, low income, Frederick County residents 50 years and older. Younger than 50 with personal or family risk factors also eligible.

Phone: 301-600-3362

HIV/AIDS SERVICES

HIV Testing:

Free, confidential Rapid HIV testing. Mondays & Fridays.

Phone: 301-600-3342 for an appointment.

HIV Treatment & Support Services:

Phone: Coordinator at 301-600-3117

ADULT EVALUATION & REVIEW SERVICES

Evaluation & assistance for individuals over 60 years old. Helps the elderly maintain independent living through the utilization of community resources.

Phone: 301-600-1736

Nutrition



SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (FORMERLY THE FOOD STAMP PROGRAM)

The program allows eligible households to obtain a more nutritious diet by increasing their purchasing power. You may be eligible to receive Food Stamps if you have limited income or no income.

Frederick County Department of Social Services

100 East All Saints Street, Frederick, MD 21701

Phone: 301-600-4575

EMERGENCY FOOD ASSISTANCE PROGRAM

Eight (8) food banks currently operate within Frederick County to distribute food to families in emergency situations. Food assistance is available to any Frederick County resident who is in need.

Frederick Food Bank

Contact: Frederick Community Action Agency

100 South Market Street, Frederick, MD 21701

Phone: 301-600-1506

Food bank information and locations are also listed on Frederick County's website.

www.FrederickCountyMD.Gov/TEFAP

WIC (WOMEN, INFANTS, & CHILDREN) PROGRAM

Free program that provides health screenings, healthy foods, nutrition counseling, breastfeeding information & support, and referrals to other health care & community agencies for pregnant women, breastfeeding moms, new moms, infants, and children under the age of 5.

Frederick County Health Department
350 Montevue Lane, Frederick, MD 21702

Phone: 301-600-2507



Language Interpretation



ASIAN AMERICAN CENTER OF FREDERICK

Non-profit community based agency that provides interpretation and translation services (of several Asian languages, French, Spanish, Russian, and Arabic) in Frederick and the DC metropolitan area. Services for providers are based on contractual fees and for individuals are based on a sliding fee scale.

629 North Market Street, Frederick, MD 21701

Phone: 301-694-3355

Fax: 1-888-559-6557

Email: info@lifeanddiscovery.com

www.lifeanddiscovery.com